

Topic vocabulary: Movement

see page 229 for definitions

accelerate (v)	drift (v, n)	jog (v, n)	sink (v)
approach (v, n)	emigrate (v)	leap (v, n)	skid (v, n)
ascend (v)	float (v)	march (v, n)	skip (v)
bounce (v, n)	flow (v, n)	migrate (v)	slide (v, n)
clamber (v)	fumble (v)	point (v)	slip (v)
clench (v)	gesture (v, n)	punch (v)	step (v, n)
clutch (v)	glide (v)	refugee (n)	stride (v, n)
crawl (v)	grab (v)	roam (v)	trip (v)
creep (v)	grasp (v)	roll (v)	velocity (n)
dash (v)	hop (v, n)	rotate (v)	wander (v)
descend (v)	immigrant (n)	route (n)	wave (v, n)

Topic vocabulary: Transport

see page 230 for definitions

airline (n)	destination (n)	load (v, n)	quay (n)
cargo (n)	hiker (n)	passerby (n)	return fare (n phr)
carriage (n)	hitchhiker (n)	pedestrian (n)	round trip (n phr)
charter (v)	jet lag (n)	pier (n)	steer (v)
commute (v)	legroom (n)	pilot (v, n)	steward (n)

Phrasal verbs

cordon off	stop people from entering an area by putting something such as a rope around it	move out	permanently leave the house or flat where you live or the place where you have your business
creep up on	move towards someone quietly and slowly, especially because you want to surprise them	move over	change your position in order to make space for someone or something
fall behind	move more slowly than other people so that you are behind them; make less progress or be less successful than other people who are doing a similar job or activity	pull over	stop by the side of the road in a car or other vehicle
go astray	become lost or go to the wrong place	slip away	leave secretly
head off	prevent someone from going somewhere by getting in front of them; prevent something from taking place	step aside	move so that sb can pass you; leave a job so that sb else can take over
hold back	stop someone or something from moving forwards	stop off	visit somewhere before continuing to another place
move in (with)	start living in a different house or flat (with)	tip up	(of an object) have one end move upwards, especially because something heavy has been put at the other end; turn a container upside down so that the things inside it come out
move on	leave one place and travel to another; stop discussing or doing something and begin discussing or doing something different	walk out	leave a meeting, performance, etc before the end, usually because you are angry or bored; suddenly leave a relationship, your family, your job, etc

Phrases, patterns and collocations

back	back into sth, back onto sth, back sb (to do)	drop	drop sth off sth, drop sth into/onto sth, drop sb at, drop a hint, drop sb (from a team)
come	come to a conclusion/decision/etc, come to power, come into view, come as a shock/etc, come to do sth, come true	fall	fall ill, fall into (a category), fall in love, fall into place, fall short, fall to pieces
drive	drive (your point) home, drive sb crazy/mad, drive sb to do sth, drive at sth	fly	fly a flag/kite, fly by, fly open, fly at

Phrases, patterns and collocations

follow	follow sb's argument/etc, follow suit, follow sb's lead, follow sb's advice, as follows	raise	raise your hand, raise sth with sb, raise a child/family, raise sb's hopes/expectations, raise a smile, raise your voice, raise an army
get	get going, get somewhere, get ill/angry/upset/etc, get sth wet/dirty/etc, get to do sth, get sb sth, get sth done, get sth doing	run	run a business/campaign/etc, run riot, run on petrol/electricity/etc, run sb a bath, run through sth, run the risk of doing, run into problems
go	go and do sth, go deaf/grey/crazy/bad/etc, go for days/weeks/etc (without sth), go hungry, go without, go to do sth	rush	rush to conclusions, do sth in a rush, in a rush (to do sth), mad rush, rush hour, the Christmas/etc rush
head	head towards/for (a place), head a ball, head a committee/etc, head a list	steady	steady yourself, steady your nerves, hold sth steady, steady relationship, steady growth, steady look, steady pace
jump	jump at the chance (to do), jump the queue, jump to conclusions, jump the gun	track	keep track of, lose track of time/etc, on the wrong track, on track (to do)
move	move it, get a move on, follow sb's every move, make a move, on the move	turn	turn to do sth, turn a gun/etc on sb, turn to sb, turn cold/nasty/etc, turn 40/etc
point	point at/to/towards sth, get to the point, make a point of doing sth, make your point, miss the point, at some point, beside the point, up to a point, a sore point	way	get in sb's way, know the way, lose your way, get sth out of the way, make way for, in the way, on the way, in this way, a way of doing, by the way

Idioms

a stone's throw (away/from)	very close (to)
as the crow flies	in a straight line (used for measuring distance)
follow your nose	go straight forward, without turning; do what you feel is right in a particular situation, although you are not certain
in the middle of nowhere	a long way from any town or city
lose your bearings	become confused about where you are and where other things are
make a beeline for	go towards someone or something in the quickest and most direct way
off the beaten track	away from populated areas or areas popular with tourists
stop dead in your tracks	suddenly stop, for example because you are surprised
take a short cut to	follow a path that is quicker and shorter than the usual way
take the scenic route	follow a longer path than the usual one because it is more attractive

Word formation

access	accessibility, (in)accessible	progress	progression, progressive(ly)
come	overcome, comeback, newcomer, outcome, income, coming, oncoming, incoming	rapid	rapidity, rapidly
go	undergo, underwent, undergone, for(e)go, for(e)went, for(e)gone, ongoing, outgoing	speed	sped, speeding, speedy, speedily
land	landing, landed, landless	stable	(de)stabilise, (in)stability, destabilisation, stabiliser, (de)stabilising, unstable
mobile	(im)mobilise, (im)mobility, mobilisation, immobile	stand	withstand, withstood, standing, upstanding, outstanding, notwithstanding
motion	motionless	steady	unsteady, (un)steadily
move	mover, movement, (im)movable, moving	transit	transition, transitory, transitional, transitionally
pass	passage, (im)passable, passing	up	upper, uppermost, upright, upward(s), upwardly

Topic vocabulary: Movement

A Complete using the correct form of the words in the boxes.

clench • clutch • fumble • gesture • grab • grasp • point • punch • wave

- 1 I my school bag from the table and rushed out of the house.
- 2 Grace in her bag for her car keys and finally found them.
- 3 A man ran from the burning house, a baby in his arms.
- 4 The old man his finger straight at me and I felt a chill go down my spine.
- 5 As the train left the station, Charlie goodbye.
- 6 Jamie came home from school with a black eye because someone had him.
- 7 I asked Karen where the phone was and without taking her eyes off the TV she lazily in the direction of the kitchen.
- 8 Lina her fists tightly in anger but managed to control herself.
- 9 He my hand firmly and I could see that he was trying to thank me.

crawl • creep • dash • hop • jog • leap • march • skip • step • stride

- 10 The burglar very quietly along the corridor, trying not to wake anybody.
- 11 How long do you think you could on one leg?
- 12 I in the park most mornings because I like to keep myself in shape.
- 13 Just this way, sir, and the customer services manager will be with you in a moment.
- 14 When we heard the noise, we quickly round the corner to see what had happened.
- 15 Before he learnt to walk, my younger brother used to everywhere on all fours.
- 16 The army for two days before they came to the outskirts of the city.
- 17 The speaker onto the stage and smiled confidently at the audience.
- 18 When he saw me coming, our dog over the gate and came to greet me.
- 19 Polly was so happy she along the pavement to school, jumping from one foot to the other.

drift • roam • wander

- 20 When the men were finally found, they had been at sea in a tiny boat for days.
- 21 Wolves used to this whole area, looking for food.
- 22 I was bored so I into the centre of town and did a bit of window shopping.

skid • slide • slip • trip

- 23 I didn't see the oil on the floor and I on it.
- 24 This wardrobe is really heavy, but maybe we can it along the ground.
- 25 I didn't see the step and I over it.
- 26 The road was wet, so when I pressed the brakes the car

B Complete using the words in bold in the correct form.

- 1 I over a rock and looked*down into the valley below us. We had to 6,000 metres above sea level and the air was getting thin. Nick was injured, and I knew we would have to soon to get medical treatment. (**ascend, clamber, descend**)
- 2 The pilot held the controls. The engines were dead and the plane was towards the airfield. She knew that if she didn't have the to reach the runway, there was no way she could She just hoped that the air would continue to over the wings and stop her from too low. She the runway with her heart in her throat. (**accelerate, approach, flow, glide, sink, velocity**)
- 3 The arctic tern is an incredible bird. It thousands of miles each year, stopping occasionally to on the ocean to rest. How it remembers the is still not fully understood. (**float, migrate, route**)
- 4 In basketball, you must the ball when you are moving with it. When you take a shot, you should let the ball off your fingers so that it in the air. That makes it more accurate. (**bounce, roll, rotate**)
- 5 In the 1950s, many people from the West Indies to England. Life was often hard for these, but they eventually became part of British life. Today, Britain also welcomes from parts of the world that are affected by war. (**emigrate, immigrant, refugee**)

Topic vocabulary: Transport

C Complete using the correct form of the words in the box.

airline • carriage • charter • commute • destination • jet lag • legroom • steward

LET THE PLANE TAKE THE STRAIN

The railways changed the way we live and work. People started to (1) to work, travelling home in a crowded train (2) each day. Now a new (3), *Officeways*, plans to extend the idea and hopes to get more of us taking the plane to work! In the past, getting to work by air was only for the very wealthy, who could afford to (4) a plane or helicopter even if they didn't have their own private jet. Now, *Officeways*, which travels to (5) throughout Europe, is offering special deals on short trips to business travellers. You might have less (6) than on the train, but *Officeways* claims their (7) are specially trained to help you relax on the way to work. And with such short journey times, there's no risk of (8) ! So what are you waiting for? Turn to page 37 for our *Officeways* competition!

D Circle the correct word or phrase.

- 1 Running along the seafront, there was a short concrete **pier / quay**, where a dozen fishing boats bobbed in the afternoon sun.
- 2 Quite a few resorts in Britain have long **piers / quays**, which stick out into the sea, and which often have shows or other forms of entertainment on them.
- 3 This area is for **passersby / pedestrians** only and is closed to all traffic.
- 4 After the accident, **passersby / pedestrians** described the driver as a middle-aged man with a beard.
- 5 Keep both hands on the wheel and you'll find it easier to **pilot / steer** the car.
- 6 I'm hoping to train so that I can **pilot / steer** commercial aircraft.
- 7 As I came out of the petrol station, I saw a **hiker / hitchhiker** with his thumb out, trying to get a lift.
- 8 Local **hikers / hitchhikers** insist that they have the right to walk across the field, although the farmer who owns the land disagrees.
- 9 It's three and a half hours each way, so the **return fare / round trip** takes seven hours.
- 10 A single is €40, but the **return fare / round trip** is actually only €55.
- 11 A lorry lost its **cargo / load** on the motorway and there's white paint everywhere.
- 12 The area where the **cargo / load** is stored on a plane can actually get extremely cold during a flight.

Phrasal verbs

E Write one word in each gap.

- 1 The police officer told the homeless man to move and he walked slowly and painfully down the road.
- 2 Len has already left on foot, but if we take the car then maybe we can still head him before he gets home.
- 3 Would you mind moving so that I can sit here?
- 4 A young man was riding his motorbike on the pavement and everyone was forced to step to let him go past.
- 5 The area has been cordoned following a bomb threat.
- 6 As I leant on the table, it tipped and I fell over.
- 7 My mum's a bit upset because my sister's moving to go to university next week.
- 8 Daryl managed to keep up with the leader for most of the race, but eventually he started to fall

F Complete using a phrasal verb with a word from box A in the right form and a word from box B.

- A

creep • go • hold • move • pull • slip • stop • walk
- B

astray • away • back • in • off • out • over • up

- 1 Dimitri thought he heard a funny noise coming from the car engine, so he to investigate.
- 2 The police the crowd so that the ambulances could get to the scene more quickly.
- 3 The show was so boring that we after half an hour.
- 4 Remind me to on the way to your grandma's to get her a birthday card.
- 5 I wish you wouldn't on me like that! You frightened me to death!
- 6 Martha didn't want to interrupt the party, so she just quietly without anyone noticing.
- 7 Are you really thinking of with Josie? What about your own flat?
- 8 It seems that the explorers after losing their map and wandered in the jungle for days.

G The phrasal verb *cordoned off* means something like 'prevent people entering'. Tick the words which could be used to complete this sentence to form phrasal verbs with a similar meaning.

The area has been off by police.

- | | | | |
|---------|---------|--------|--------|
| 1 block | 3 line | 5 put | 7 seal |
| 2 close | 4 fence | 6 rope | 8 take |

Phrases, patterns and collocations

H Complete using the phrases in the box in the correct form. Change *sb*, *sth* or *do* into something appropriate.

back onto • do sth in a rush • drop sb at • fall in love • fly at • get a move on
get sth out of the way • get sth wet • go and do • jump at the chance
keep track of • raise sb's hopes

- 1 Look at the time! We'd better or we're going to be late.
- 2 My parents say they when they met on holiday in Turkey.
- 3 Your essay isn't good enough. It's obvious to me that you rather than taking your time.
- 4 I've always wanted to fly and I would to visit the pilot in the cockpit.
- 5 One of the things I love about this house is that it the river.
- 6 I don't want to , but there's a chance we might be flying to America!
- 7 I can't believe you Ben what I said about him.
- 8 There's no need to me – I wasn't the one who crashed the car!
- 9 I've got a lot of homework, so let me first and then I'll call you.
- 10 You travel so much! I can't all the countries you've been to.
- 11 Since you're going that way, do you think you could my house?
- 12 Those sunglasses were expensive – take them off in the pool or you'll

I Write one word in each gap.

- 1 In the distance, a steam train slowly into view.
- 2 Don't your voice at me! I haven't done anything wrong!
- 3 We need to book our ferry tickets some point, so remind me later.
- 4 Suddenly, the door flew and there stood Mrs Singh.
- 5 It's the hour, so there'll be a lot of traffic on the roads.
- 6 My dad's beginning to grey, and he's only 35.
- 7 Even when his flight was cancelled, Jake still managed to a smile.
- 8 Do you know the to Ed's house from here?
- 9 Sam's not coming, but Isabelle's the way, so she should be here soon.
- 10 I can't believe that woman just tried to the queue and get to the front first.

J For each question, write one word which can be used in all three sentences.

- 1 I don't understand what Michael to leave his family like that.
The kids almost me crazy when we were on holiday.
I thought the journalist his point home well, and the politician didn't know what to say.
- 2 We decided to towards the small town we could see in the distance.
Joshua Reed has been appointed to the committee responsible for promoting local tourism.
Which places would you say the list of most popular tourist destinations in Britain?
- 3 I'm starting to to the conclusion that you don't want to go on holiday with me.
How did you to lose your passport?
I know it's going to as a bit of a shock to you, but I've decided to walk round the world.
- 4 We need to keep up a pace if we're going to get there before it gets dark.
Corey and Angela seem to have a very relationship, and I can't imagine them splitting up, can you?
Kelly gave me a look as if to say, 'I know where you've been.'
- 5 We always make a of inviting the old woman next door to join us for Christmas dinner.
Don't mention the fact that Chris failed his driving test – it's a bit of a sore with him.
I know she's your best friend, but that's beside the – you had no right to invite her on the trip without asking me.
- 6 It's hard to believe that Sandra 50 this year, isn't it?
The police officer her gun on the man and told him to lie down on the floor.
I to say something to Connor, but he had already left.
- 7 Jacob his doctor's advice and went away for a few days.
Hannah decided to start wearing earrings and her friends soon suit.
I the speaker's argument up to the final point, but I don't understand where his conclusions came from.
- 8 My dad's involved in a campaign to stop them building the new motorway near here.
These vehicles have the advantage of on electricity, rather than petrol.
You won't be able to avoid into problems, so just deal with them when they arise.

Word formation

L Use the word given in capitals at the end of the line to form a word that fits in the space in the same line.

The stairlift

It's ironic that the very things that are supposed to provide access to the (1) floors of buildings – stairs – often, in fact, make them (2) For many elderly people and others with limited (3), getting upstairs can be a daily problem to be (4) However, stairlifts have been helping people solve that problem since they first appeared in the US in the 1930s. Designs have (5) many changes over the years and stairlifts have become (6) safer and easier to use. Most consist of a seat which moves along rails that run along the wall. The user controls how (7) the seat moves along the rails as it travels from the bottom of the stairs to the (8) at the top. In today's models, the (9) is controlled by computers to give a smooth ride and the components are designed to (10) constant use. Many people have been given a new lease of life by the stairlift.

UP
ACCESS
MOBILE
COME
GO
PROGRESS

RAPID
LAND
MOVE
STAND

M Each of the words in bold is in an incorrect form. Rewrite them correctly.

- 1 The situation has been getting **unsteady** worse for many years now.
- 2 The heavy snow meant that the mountain roads were **passage** for over a week.
- 3 People are being advised not to travel to the area because of the **outgoing** conflict.
- 4 Luckily, Tyrone made a very **sped** recovery after the car accident.
- 5 The service at the hotel was **upstanding**, and I'd definitely recommend it.
- 6 Every child needs security and **unstable** in their life.
- 7 It's not always easy to make the **transitional** from primary school to secondary school.
- 8 I sat completely **motion** as the spider crawled along my arm.

N The prefix *de-*, as in *destabilise*, can be added to some verbs, nouns and adjectives in order to give them a negative meaning. Tick the words which can be made negative by adding *de-*.

- | | | |
|---------------|------------|--------------|
| 1 caffeinated | 4 hydrate | 7 satisfy |
| 2 direct | 5 motivate | 8 sensitise |
| 3 form | 6 regulate | 9 understand |
| | | 10 value |

O Complete the sentences using words formed in exercise N.

- 1 Drinking alcohol when it's very hot can you.
- 2 The government should this industry.
- 3 I have to drink coffee or I can't sleep.
- 4 If you don't tell staff how well they're doing, it can them.
- 5 Don't you think violent films people to violence in real life?
- 6 You'll your feet if you don't get shoes that fit you properly.
- 7 They've decided to the currency, so it'll be worth a lot less.

Idioms

K Write one word in each gap.

- 1 From our house to the centre of town is about four miles as the flies.
- 2 I know the brochure said the villa was 'peaceful', but it was actually in the of nowhere.
- 3 As soon as we got to the pool, the kids made a for the shop selling ice creams.
- 4 The soldier shouted 'Halt!' and I stopped dead in my
- 5 Cambodia? That's a bit off the beaten, isn't it?
- 6 Take the next left, then first right, and just follow your until you see the stadium on your left.
- 7 Wandering the streets of Prague, I lost my, so I had to ask the way to the castle.
- 8 We were quite lucky because our hotel was only a throw away from the beach.
- 9 It's about 20 minutes longer, but if we take the scenic you'll be able to take some photos.
- 10 Turn right here and we'll a short cut through the side roads.

overdue (adj) if something is overdue, it should have arrived / been done / been paid / etc before now: *This change in attitude is long overdue.*

period (n) an amount of time during which something happens: *The long dry period ended with torrential rain.*

permanent (adj) happening or existing for a long time or for all time in the future: *She suffered permanent brain damage as a result of the accident.*

phase (n) a particular period of time during the development of something: *The war was about to enter its final phase.*

postpone (v) to decide that something will not be done at the time when it was planned for, but at a later time: *Our exam has been postponed until next Monday.*

prior (adj) happening, existing or done before a particular time: *Illegally parked cars may be removed at any time without prior notice.*

prompt (adj) immediate or quick: *Prompt action is required.*

prompt (adj) happening or arriving at exactly a particular time: *The meeting got off to a prompt start at ten o'clock.*

provisional (adj) intended to be temporary, and likely to be changed when other arrangements are made: *The provisional government lasted three months.*

provisional (adj) if an arrangement is provisional, the people involved have not yet said that they definitely want to do it: *We've made a provisional reservation for next week.*

punctual (adj) arriving or happening at the time agreed on: *Mrs Marsh liked her guests to be punctual.*

seasonal (adj) available only during a particular time of year: *The work was well paid but seasonal.*

seasonal (adj) suitable or typical of the time of year it is now: *We needed to find some seasonal music.*

simultaneous (adj) happening or done at the same time: *In simultaneous announcements, the two men resigned from their jobs.*

span (n) the amount of time that something lasts: *Nearly 100 witnesses testified over a span of 20 days.*

span (v) to last for a particular period of time, especially a long period: *His career spanned half a century.*

spell (n) a period of time, usually a short one: *I had a two-week spell in hospital.*

stint (n) a period of time spent doing something: *He came to California after a brief stint as a waiter in New York.*

subsequent (adj) happening or coming after something else: *In subsequent interviews, Steele has contradicted his original story.*

temporary (adj) existing, done or used for only a limited period of time: *These measures are only temporary.*

timely (adj) happening at the most suitable time: *Thanks to the UN's timely intervention, a crisis was avoided.*

vintage (adj) vintage wine is excellent in quality and was made several years ago: *Let's get some vintage champagne!*

vintage (adj) a vintage object or vehicle is old, but kept in good condition because it is interesting or attractive: *My father has a number of vintage motorcycles.*

vintage (adj) showing the best or most typical qualities of someone: *She turned in a vintage display of tennis to win the title.*

vintage (n) all of the wine produced in a particular year, or the year it was produced: *This year's vintage will be the best in many years.*

vintage (n) the time when something was produced: *He's got a collection of guns of all types and vintages.*

Work

civil service (n phr) a country's government departments and the people who work in them: *How long have you worked for the civil service?*

client (n) someone who pays for or uses the services of a professional person such as a doctor or lawyer: *She advises clients on their investments.*

colleague (n) someone who works in the same organisation or department as you: *Friends and colleagues will remember him with affection.*

consultant (n) an expert or a professional person whose job is to give help and advice on a particular subject: *She's a design consultant.*

consultant (n) a senior doctor in a hospital who is an expert in a particular medical subject: *She's a consultant cardiologist.*

effective (adj) someone or something that is effective works well and produces the result that was intended: *Humour is often far more effective than shouting.*

efficient (adj) someone or something that is efficient works well and produces good results by using the available time, money, supplies, etc in the most effective way: *The new machine is far more efficient than the old one.*

executive (n) a senior manager in a business or other organisation: *We've arranged a meeting with some of the company's top executives.*

fire (v) to make someone leave their job, sometimes as a punishment: *She was fired for refusing to comply with safety regulations.*

headhunt (v) to try to persuade someone to leave their job and go to work for another company: *He was headhunted by a large electronics company.*

leave (n) a period of time away from your job or the armed forces: *Tony, who had been granted leave, was home for several weeks.*

marketing (n) the ways in which a company encourages people to buy its products by deciding on price, type of customer and advertising policy: *Jim, come and meet the firm's new director of marketing.*

multinational (n) a large company that has offices, shops or factories in several countries: *My uncle works for a large multinational.*

multinational (adj) a multinational company or business has offices, shops or factories in several countries: *My uncle works for a large multinational corporation.*

private sector (n phr) all the businesses, industries and services that are not owned or managed by the government: *There is less job security in the private sector.*

promotion (n) a move to a higher level in a company, institution or sport: *We try to fill our executive positions by promotion from within.*

promotion (n) the activity of encouraging or supporting something: *The campaign is concerned with the promotion of health.*

promotion (n) the process of attracting people's attention to a product or event, for example by advertising: *The government's planning to introduce a ban on the promotion of tobacco products.*

prospects (n pl) the possibility that something will happen, especially something good: *The prospects for employment in the technology sector are especially good right now.*

public sector (n phr) the industries and services, for example schools and hospitals, that are supported by tax money and controlled by the government of a country: *The typical member of Parliament has worked elsewhere in the public sector.*

recruit (n) a new member of a military force or an organisation, especially someone who has recently joined: *She's responsible for training new recruits.*

recruit (v) to get someone to work in a company or join an organisation: *We won't be recruiting again until next year.*

recruit (v) to get someone to help you do something: *The club has recruited volunteers to help.*

redundant (adj) if someone is redundant, they have been told they must leave their job because they are no longer needed: *Five thousand miners were made redundant when the tin market collapsed.*

sack (v) to tell someone they can no longer work at their job: *He was sacked after repeatedly arriving late at work.*

strike (n) a period of time during which people refuse to work, as a protest about pay or conditions of work: *A strike by transport workers was held on 12th August.*

strike (v) to refuse to work for a period of time as a protest about your pay or conditions of work: *Pilots were striking for a 6% salary increase.*

union (n) an organisation that represents the workers in a particular industry and tries to improve pay, conditions, etc: *We encourage all employees to join a union.*

Unit 8

Movement

accelerate (v) to happen or make something happen at a faster rate: *I started to feel nervous as the car accelerated.*

approach (v) to move closer to someone or something: *As we approached the airport, we put our seat belts on.*

approach (v) to speak to someone about something for the first time, especially in order to ask for help or make an offer: *I decided to approach Dr Wilson for advice.*

approach (n) a particular way of thinking about or dealing with something: *She has an interesting approach to teaching.*

approach (n) the fact of coming closer in time or in distance: *With the approach of the holidays, we all begin to dream of sunnier places.*

ascend (v) to climb a mountain, stairs, etc: *As we began to ascend the mountain, the weather got worse.*

bounce (v) if a ball or other object bounces, or if you bounce it, it hits a surface then immediately moves away from it: *Stop bouncing that ball against the wall.*

bounce (n) the movement of a ball or other object when it hits a surface and moves away again: *You are allowed one bounce and then you have to catch the ball again.*

clamber (v) to climb something with difficulty, using your hands and feet: *We quickly clambered up the rocks.*

clench (v) if you clench a part of your body such as your hand or your mouth, or if it clenches, you close it tightly, especially because you are angry or upset: *Matt clenched his teeth but didn't say anything.*

clutch (v) to hold someone or something firmly, for example because you are afraid or in pain, or do not want to lose them: *I clutched my passport as we made our way through the busy airport.*

crawl (v) to move along the ground on your hands and knees or with your body close to the ground: *Most babies begin to crawl when they are a few months old.*

creep (v) if someone creeps somewhere, they move there quietly and slowly: *The burglar crept along the corridor.*

dash (v) to run or go somewhere very quickly because you are in a hurry: *I must just dash to the post office.*

descend (v) to go down a mountain or slope, or to go downstairs: *We descended the mountain slowly.*

drift (v) to be pushed along very slowly by the movement of air or water: *The boat must have been drifting for a long time.*

drift (n) a slow and gradual change from one situation or opinion to another: *There's been a drift in public opinion away from supporting the policy.*

drift (n) the meaning that someone is trying to express: *I don't speak French very well, but I got his drift.*

emigrate (v) to leave your country in order to live in another country, on a permanent basis: *My brother is thinking of emigrating to Australia.*

float (v) to rest or move slowly on the surface of a liquid and not sink: *I was floating in the sea when a wave came over my head.*

flow (v) if a liquid flows, it moves smoothly and continuously in one direction: *The River Thames flows from west to east.*

flow (n) the continuous movement of a liquid in one direction: *The flow of water was so powerful that it knocked me off my feet.*

fumble (v) to try to hold, move or find something using your hands in a way that is not skilful or graceful: *She fumbled in her bag and finally found a pen.*

gesture (v) to make a movement with your hands or head in order to show or tell someone something: *Alec gestured towards the photograph on the wall.*

gesture (n) a movement that communicates a feeling or instruction: *Gestures differ from culture to culture.*

glide (v) to move in a smooth and easy way with no noise: *The dancer seemed to glide across the floor.*

grab (v) to take hold of something in a rough or rude way: *It's very rude to grab things out of other people's hands.*

grasp (v) to take and hold something or someone very tightly: *Vicky grasped my hand as we crossed the busy road.*

hop (v) to move forward by jumping on one foot: *Can you hop on one leg?*

hop (n) a quick jump on one foot: *The little girl jumped over the cat with a hop.*

immigrant (n) someone who comes to live in a country from another country: *I don't think it's right that all these immigrants should be allowed to come here.*

jog (v) to run at a slow steady speed, usually for exercise or pleasure: *I jog about five miles every morning.*

jog (n) a run for exercise or pleasure at a slow steady speed: *Do you want to go for a jog?*

leap (v) to jump over something: *He leapt over the table and punched me in the face!*

leap (n) a jump, especially a long or high one: *It'll take a big leap to get over the stream.*

march (v) if soldiers march, they walk in a group with each person matching the speed and movements of the others: *They marched for days to get to the border.*

march (n) a walk by a group of soldiers in which each person matches the speed and movements of the others: *The soldiers were tired after a long march.*

migrate (v) if a bird or animal migrates, it travels to another part of the world for warmer weather at a particular time of the year: *You often see large flocks of birds as they migrate south.*

point (v) to show something by holding out your finger or a long thin object: *I looked where she was pointing.*

punch (v) to hit someone or something with your fist, usually as hard as you can: *Tony punched the wall in anger.*

refugee (n) someone who leaves their country, especially during a war or other threatening event: *More than a million refugees are trying to escape the fighting.*

roam (v) to move or travel with no particular purpose: *We spent the afternoon just roaming the hills.*

roll (v) to move forward while turning over and over: *I spotted a ball rolling towards me and picked it up.*

rotate (v) to move in a circle around a fixed central point, or to move something in this way: *This part rotates, spraying water on all the dirty dishes.*

route (n) the roads or paths that you use when you go from one place to another: *I'm just planning our route for tomorrow.*

sink (v) to disappear below the surface of the water: *The ship sank when it hit an iceberg.*

skid (v) to slide across the ground in an uncontrolled way: *The car skidded on the wet road.*

skid (n) a sudden uncontrolled slide across the ground, especially by a vehicle: *We went into a skid because there was ice on the road.*

skip (v) to move forwards by jumping first on one foot and then the other: *I loved school when I was young and I used to skip all the way there.*

slide (v) to move smoothly and quickly across a surface: *Jason slid a pen to me across the table.*

slide (n) a structure that children play on by climbing up steps and sliding down a slope on the other side: *Let Tammy have a go on the slide now.*

slip (v) if you slip, your feet slide accidentally and you lose your balance or fall over: *I slipped on the stairs.*

step (v) to move by putting one foot down in front of the other: *Would you just step this way, sir?*

step (n) a short movement made by putting one foot in front of the other: *You can get a device that counts how many steps you take in a day.*

step (n) one of a series of actions you do in order to achieve a particular aim: *What's the next step?*

stride (v) to walk with energy and confidence: *The head teacher strode into the room and looked at us.*

stride (n) a long confident step: *In a couple of strides, the speaker had crossed the stage and was ready to start.*

trip (v) to hit your foot on something and fall down: *I tripped as I was going into the bedroom.*

velocity (n) the speed that something moves at in one direction: *Bullets travel at very high velocities.*

wander (v) to travel from place to place, especially on foot, without a particular direction or purpose: *I wandered around the art gallery for an hour.*

wave (v) to move your hand to say hello or goodbye or as a signal: *We waved to Valerie as the train pulled away.*

wave (n) a movement of your hand used for saying hello or goodbye to someone or for giving a signal: *The Queen gave the crowd a quick wave.*

Transport

airline (n) a company that owns aircraft and takes people or goods by plane from one place to another: *I've applied for a job with another airline.*

cargo (n) things that are being sent by ship, plane, train or truck: *It took them all morning to load the cargo.*

carriage (n) one of the vehicles that are joined together to make a train: *The carriage was practically empty when we got on the train.*

charter (v) to hire a boat, plane or bus, especially for use by a group of people: *We decided to charter a plane to take us deeper into the Amazon.*

commute (v) to travel regularly to and from work: *I'm getting fed up with commuting every day.*

destination (n) the place where someone or something is going: *We were all exhausted when we finally reached our destination.*

hiker (n) someone who walks for long distances in the countryside for pleasure: *A group of hikers came over the hill.*

hitchhiker (n) someone who travels by asking other people to take them in their car, by standing at the side of a road and holding out their thumb or a sign: *We picked up a hitchhiker outside Oxford.*

jet lag (n) the feeling of being very tired and sometimes confused because you have travelled quickly on a plane across parts of the world where the time is different: *Polly was suffering from jet lag for a few days.*

legroom (n) the amount of space in front of your seat in which you can stretch your legs: *Let's go business class because you get more legroom.*

load (v) to put a load onto or into something such as a vehicle or container: *Load up the van, and then you can get going.*

load (n) the goods that a vehicle carries: *Try to spread the load evenly inside the lorry.*

passerby (n) someone who is walking past a place, especially when an accident or violent event happens: *The accident was reported to police by a passerby.*

pedestrian (n) someone who is walking, especially in a town or city, instead of driving or riding: *Pedestrians need to be particularly careful at this crossing.*

pier (n) a structure built out from the land over water and used for getting on and off boats: *We walked along the pier and jumped into the boat.*

pilot (v) to fly an aircraft: *I wonder what it's like to pilot a jet.*

pilot (n) someone who flies an aircraft: *The pilot announced that we were about to hit bad weather.*

quay (n) a hard surface next to a sea or river, where boats can stop: *There were fishing boats all along the quay.*

return fare (n phr) the money you pay for a journey to and from a place: *The return fare into town is about a pound.*

round trip (n phr) an occasion when you go somewhere and come back to your starting point again: *The round trip took me about four days.*

steer (v) to control the direction in which a vehicle moves: *You steer the hang-glider by moving your weight from side to side.*

steward (n) a man whose job is to look after the passengers on a plane, train or ship, especially serving them with food and drink: *The steward brought me a blanket.*

Unit 10 Communication

allege (v) to say that something is true or that someone has done something wrong or illegal even though this has not been proved: *The defence alleges that Jones was beaten up while in police custody.*

ambiguous (adj) not clear or definite, capable of being understood in more than one way: *The wording of the law is highly ambiguous.*

assert (v) to state firmly that something is true: *He asserted his innocence.*

blunt (adj) saying what is true or what you think, even if this offends or upsets people: *It was a frank answer to a blunt question.*

boast (n) a statement in which you proudly tell other people what you or someone connected with you has done or can do, or about something you own, especially in order to make them admire you: *For years, their boast was that they were the best club in Europe.*

boast (v) to proudly tell other people about what you or someone connected with you has done or can do, or about something you own, especially in order to make them admire you: *He's always boasting of his great sporting achievements.*

clarification (n) an explanation that makes something clearer and easier to understand: *Please contact us if you require clarification of any of these matters.*

colloquial (adj) used in informal conversation rather than in writing or formal language: *It's a colloquial expression.*

comprehend (v) to understand something: *How could you possibly comprehend the difficulties of my situation?*

confide (v) to tell someone a secret or discuss your private feelings with them: *I hope you know that you can always confide in me.*

confirm (v) to prove that something is true: *The study confirms the findings of earlier research.*

confirm (v) to tell someone, usually by writing or telephoning, that something will definitely happen at the time or in the way that has been arranged: *The date of the meeting is still to be confirmed.*

context (n) the general situation in which something happens, which helps explain it: *These events are meaningless outside their historical context.*

context (n) the words surrounding a particular word that help to give it its meaning: *In this context, 'development' means economic growth.*

contradict (v) to say that the opposite of what someone has said is true: *He didn't dare contradict his parents.*

contradict (v) if one statement, piece of evidence, story, etc contradicts another, they disagree and cannot both be true: *Her account of the accident contradicts that of the other driver.*

convey (v) to communicate ideas or feelings indirectly: *A good photograph can often convey far more than words.*

convey (v) to give official information or a formal message to someone: *Please convey my appreciation to your President.*

declare (v) to announce officially that something is true or happening: *Australia declared its support for the agreement.*

denounce (v) to criticise someone or something severely in public: *American trade policies have been denounced by some European governments.*

disclose (v) to give information to people, especially information that was secret: *Most of the people interviewed requested that their identity should not be disclosed.*

exaggerate (v) to describe something in a way that makes it seem better, worse, larger, more important, etc than it really is: *Don't exaggerate! It wasn't that bad!*

flatter (v) to praise someone in order to get something you want, especially in a way that is not sincere: *You're trying to flatter me, and it won't work.*

gist (n) the main idea or most important point of something that someone has written or said: *I only got the gist of what he was saying.*

hint (n) something that you say to show what you are thinking or feeling, without saying it directly: *He seemed so relaxed and gave no hint that anything was wrong.*

hint (n) a useful suggestion or piece of advice: *This leaflet is full of handy hints about safety in the home.*

hint (v) to say what you are thinking or feeling in an indirect way: *The Prime Minister hinted that the crisis could continue throughout the summer.*

illegible (adj) difficult or impossible to read: *Clare's handwriting is completely illegible!*

inkling (n) a slight idea or small piece of information that tells you that something might exist or be happening: *The first inkling that something was wrong came on Wednesday.*

insist (v) to say very firmly that something must happen or be done: *You must see a doctor immediately; I insist.*

insist (v) to keep saying very firmly that something is true, even when other people will not believe you: *The school insists that it is doing everything it can to cooperate.*

jargon (n) special words and phrases that are only understood by people who do the same kind of work. This word usually shows that you dislike this type of language: *Why do doctors use so much medical jargon in front of patients?*

literal (adj) the literal meaning of a word is its most basic meaning: *He is clearly not using the word 'dead' in its literal sense.*

mumble (n) the saying of something in a way that is not loud or clear enough so that your words are difficult to understand: *He started to say something, but all I could hear was a quiet mumble.*

mumble (v) to say something in a way that is not loud or clear enough so that your words are difficult to understand: *He mumbled something about not wanting to go to work.*

murmur (n) something that is said in a very quiet voice: *'Let's go,' he said in a low murmur.*

murmur (n) a quiet continuous sound: *There was a low murmur of voices coming from the back of the room.*

murmur (v) to say something in a very quiet voice: *Frances murmured an apology as she left.*

petition (n) a document signed by many people that asks someone in authority to do something: *More than 300 villagers have signed a petition against the building project.*

placard (n) a large notice in a public place, used for advertising something or carried in order to protest against or support something: *The Minister was surrounded by placard-waving demonstrators.*

quibble (v) to argue or complain about things that are not important: *There's no point quibbling about the bill.*

rant (n) a long, loud and angry complaint about something: *Dom was on a rant about the cost of eating out.*

rant (v) to complain or talk loudly and angrily for a long time, sometimes saying unreasonable things: *Ned paced back and forth, ranting about some imagined injustice.*

rave (v) to talk in an angry and uncontrolled way: *The boss was raving about nobody doing any work.*

rave (v) to speak or write in a very enthusiastic way about something or someone: *The critics are raving about her performance.*

relevant (adj) important and directly connected to what is being discussed or considered: *Once we have all the relevant information, we can make a decision.*

scribble (n) untidy writing or something written in an untidy way: *The address was written in a scribble so I found it hard to read.*

scribble (v) to write something quickly and carelessly: *Tony scribbled the address on the back of an envelope.*

scribble (v) to make marks or drawings with no meaning: *A child had scribbled on the book.*

slang (adj) slang words or expressions are very informal and are not considered suitable for more formal situations: *In some areas 'scran' is a slang word for food.*

slang (n) words or expressions that are very informal and are not considered suitable for more formal situations: *I picked up a lot of army slang while I was doing my military service.*

stumble (n) a mistake while speaking: *He read well, with only a few small stumbles.*

stumble (v) to make a mistake when you are speaking: *Children often stumble when reading aloud.*

stutter (n) a problem in speaking that causes you to repeat some particular sounds more than you should: *When I was small I spoke with a stutter.*

stutter (v) to repeat the sounds of words in an uncontrolled way when you speak because you are nervous or have a speech problem: *Richard stuttered a reply and sat down, his face red.*

tip (n) a useful suggestion: *The booklet gives a lot of useful tips on flower arranging.*

utter (v) to say something: *As soon as he'd uttered the words he regretted them.*

utter (v) to make a sound: *She uttered a sound somewhere between joy and pain.*

vague (adj) not clear or complete: *Some aspects of the law were somewhat vague and ill-defined.*

The media

anchor (n) someone who presents the news on a television or radio news programme: *Diane Sawyer is co-anchor of ABC's Prime Time Live.*

anchor (v) to present a television or radio programme, especially the news: *The programme has been anchored by McDonald since 2005.*

broadcast (n) a programme that is broadcast: *Channel 5's main news broadcast is at 9 pm.*

broadcast (v) to send out messages or programmes to be received by radios or televisions: *broadcast (something) on something: The President's speech will be broadcast on all channels at 6.00 this evening.*

broadcast (v) to tell people something, especially something that you wanted to be a secret: *You don't have to broadcast my news to the whole world!*

caption (n) words printed near or on a picture that explain something about the picture: *What does the caption beneath the photo say?*

columnist (n) a journalist who writes a regular series of articles for a particular newspaper or magazine: *She's a columnist for a Sunday newspaper.*

correspondent (n) a newspaper or television reporter, especially one who deals with a particular subject or area: *And now, a special report from our political correspondent John Sergeant.*